

PREP Optional Regionals

Concord, NC 2010 April 23-25

Host Club

Southeastern Gymnastics - Piedmont
Ludmilla Shobe
704-847-0785

E-mail: prep-op@southeasternboosters.com

Web page: www.southeasternboosters.com

Competition Site

Cabarrus Arena
4751 NC Highway 49, Concord, NC 28104
AAI Elite Equipment - WEGA
Capitol Cup Format

Airport

Charlotte Douglas
[CLT]

Schedule

Friday, April 23rd

Session 1 Individual Competition
Session 2 Individual Competition
Session 3 Individual Competition
Session 4 State Team Competition

Saturday, April 24th

Session 5 State Team Competition
Session 6 State Team Competition
Session 7 State Team Competition
Session 8 State Team Competition

Saturday, April 25th

Session 9 Individual Competition
Session 10 Individual Competition
Session 11 Individual Competition

AWARDS GIVEN AT THE END OF EACH SESSION

Final Schedule Posted at

www.region8gymnastics.org

by March 31, 2010

Host Hotel

Springhills Suites (\$99)
704-979-2500
Marriott Residence Inn (\$109)
704-454-7862
Courtyard by Marriott (\$99)
704-453-2600
Mention prep-op for blocked

Entry Form

- Entries must be received in a timely manner. First come, First serve - Meet may fill up! State Team entries **MUST** be given to your State chairman at State Meet.

- ~ Awards will be given after each PREP Optional session.
- ~ Coaches are responsible for ALL individual entry forms.
- ~ To qualify to Prep Optional Regionals gymnasts must have competed in a State Meet, as determined by each state committee.
- ~ The 6 gymnasts, regardless of age, comprise a state's team for Prep Optional Regional in each division with 4 scores counting.
- ~ The entry for Prep Optional Regional is set at \$90 per gymnast.
- ~ The 2 judges per state will be selected by each state's administrative Committee to be submitted to the Regional Committee with the meet referee being from the host state.
- ~ The Region 8 PREP Optional Regional Team competition may include citizen or non-citizens.